



## SEEKING LOCAL RESIDENTS TO JOIN THE SHIP COMMUNITY COMMITTEE 2017

We promote and support a connected, healthy and inclusive Port  
Melbourne community

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### Do you live, study or work in Port Melbourne?

#### Are you?

- Keen to contribute to the improvement of Port Melbourne
- Willing to put ideas into action
- Willing to support and mentor other residents to put their ideas into action
- Willing to promote SHIP activities to local residents and groups
- Able to interact with a range of people of different ages and backgrounds in a respectful manner

**Time commitment:** meetings are held every second month on a Monday for two hours (2.00pm-4.00pm) at a local venue

**If interested please contact** Sally Rossiter on **8644 3346** Mob: **0401 069 692** or at [srossiter@ischs.org.au](mailto:srossiter@ischs.org.au)

**Closes:** Friday 10 February 2017

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### What is SHIP?

The Social Health and Inclusion Port (SHIP) project is brings together local residents and agencies to promote and support a connected, healthy and inclusive Port Melbourne community. We support residents to turn ideas into action, celebrate the good things about the Port community, promote healthy environments and lifestyles and bring the old and new **together**.

Our key partners include: Inner South Community Health, City of Port Phillip, Port Melbourne Neighbourhood House and South Port Day Links.

- We **support** residents to gain **skills**, share their skills, or **link** to other residents who have the skills and knowledge to help a project/activity to get off the ground
- We have **links** to, local groups, agencies and businesses
- We engage with a diverse range of people with all abilities

Inner South Community Health is the auspice for the project and employs a part time Health Promotion Officer

### What is the SHIP Community Committee?

The Committee is made up of local residents and local organisations. The role of the Committee is to:

- To make decisions and set the direction for the SHIP Project
- Develop an annual Action plan
- Actively promote the SHIP projects and activities to the community
- Support and mentor residents their projects and activities.

Contact us: [ship@ischs.org.au](mailto:ship@ischs.org.au) Sally 0401 069 692 Dave 0401 068 695

Visit our website [www.ischs.org.au/your-wellbeing/ship](http://www.ischs.org.au/your-wellbeing/ship) Find us on facebook: [facebook.com/SHIPPortMelb](https://www.facebook.com/SHIPPortMelb) or follow us [@SHIPPortMelb](https://www.instagram.com/SHIPPortMelb)